



## Klondike 2011 Winter Camping Check List

### Clothes

- \_\_\_\_\_ Warm coat (wind proof)
- \_\_\_\_\_ Stocking cap style hat
- \_\_\_\_\_ Face mask style hat (single hole)
- \_\_\_\_\_ Warm shirt - 2
- \_\_\_\_\_ Sweater or hooded sweatshirt
- \_\_\_\_\_ Pants - 2 (avoid cotton jeans they get soaked and will never dry)
- \_\_\_\_\_ Underwear - 2
- \_\_\_\_\_ Long johns
- \_\_\_\_\_ Socks - at least 4 pair (wool are best with a thinner liner sock underneath)
- \_\_\_\_\_ PJ's or extra long johns (sweat pants and hooded sweatshirt make good PJ's)
- \_\_\_\_\_ Boots (water and snow proof), plastic bread bag to put inside of boots if they leak.  
\_\_\_\_\_ (an extra pair of boots is not a bad idea.....)
- \_\_\_\_\_ Gloves - 2 pr. waterproof (mittens are warmer than gloves)
- \_\_\_\_\_ Poncho, raincoat
- \_\_\_\_\_ Handkerchiefs (or Kleenex packets)
- \_\_\_\_\_ Snow pants (waterproof)

## Gear

- \_\_\_\_\_ Scout Handbook, notebook and pen in a Ziploc bag
- \_\_\_\_\_ Warm sleeping bag - (rated for 10 degrees colder than expected weather) a sleeping bag liner will lower your sleeping bag by up to 10 degrees
- \_\_\_\_\_ Foam sleeping pad
- \_\_\_\_\_ Extra old blankets - 1 for underneath sleeping bag and 1 for on top of sleeping bag
- \_\_\_\_\_ Mess kit (knife, fork, spoon, cup, plate, bowl)
- \_\_\_\_\_ Scout knife (and Totin' chip card) No card-no knife
- \_\_\_\_\_ Dirty laundry bag (plastic bag)
- \_\_\_\_\_ Flashlight, extra batteries
- \_\_\_\_\_ Ditty bag (toothpaste, brush, soap, toilet paper)
- \_\_\_\_\_ Towel, washcloth
- \_\_\_\_\_ Compass
- \_\_\_\_\_ Wristwatch
- \_\_\_\_\_ Small personal first aid kit
- \_\_\_\_\_ Large garbage bag and twist tie
- \_\_\_\_\_ Chap stick
- \_\_\_\_\_ Sunglasses
- \_\_\_\_\_ Pocket (hand) warmers

## Notes:

- Pack each day's outfit in a Ziploc bag. This makes it easier to grab and keeps unused clothes dry.
- **Avoid wearing cotton if at all possible!**
- WEAR A HAT
- Scouts, do not sleep in the same clothes and underwear you wore all day. Your body's natural perspiration will dampen these clothes and you will quickly become chilled in your sleeping bag. Change into spare socks and underwear or PJ's to sleep.
- If you put your clothes for the next morning inside your sleeping bag, they will be warm when you wake up.....
- Layer your clothes. Remember C O L D
  - C - Clean - dirty clothes lose their loft and get you cold
  - O - Overheat - never get sweaty, strip off layers to stay warm but not too hot
  - L - Layers - Dress in synthetic layers for easy temperature control
  - D - Dry - Wet clothes (and sleeping bags) also lose their insulation
- 3 W's of layering - Wicking inside layer, Warm middle layer, Wind/Waterproof outer layer
- If you put a couple of long lasting hand warmers into your boots after you take them off your boots will dry out during the night
- Scouts should pack their own bags so they know where everything is stored
- no electric devices or games
- A space blanket or silver lined tarp on the floor of the tent or under a sleeping bag will reflect your heat back to you
- Leave the tent flap vented a bit, it cuts down on interior frost.
- Open sleeping bags to air out in the morning so they do not get damp
- Do not bury your head in your sleeping bag at night. your breath will create moisture inside your sleeping bag and this will chill you.
- Wear a stocking cap to bed
- Check the weather report. If it is going to be a weekend that is not bitter cold, a heavy parka style coat may be too warm. Sometimes a hooded sweatshirt and fall jacket is enough.